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Let's Grill Hawaii's Best BBQ Recipes: Barbecue Grilling, Smoking, And Slow Cooking Meats, Fish, Seafood, Sides, Vegetables, And Desserts



Synopsis

Bring the flavors of Hawaiian barbecue straight to your backyard! Download FREE with Kindle Unlimited! Many regions have their unique take on what the word "barbecue" means to their culture. When we think of traditional barbecue, there is one particularly delicious regional barbecue that unfortunately often gets forgotten – the barbecue of Hawaii. What is the image that comes to mind when you think about Hawaiian barbecue? Do you picture a scene that is almost paradise? Soft sands, clear waters, lush palm trees that cool the persistent heat as you enjoy meats so tender that they melt in your mouth, and flavors that are so fresh and tropical that you close your eyes, hardly believing that they are real? If this isn't the image in your mind, it should be. A traditional Hawaiian barbecue is called a luau, and is a celebration of life, people, and food, and that is something that we should all do more of every day. Many of the traditional luau foods are slow-cooked over a smoky pit, giving us the impression that it is simply impossible to enjoy these delicacies without being able to travel to the islands any time we wish. While it may not be possible to completely recreate a Hawaiian atmosphere in your home and backyard, you can come really close with this collection of authentic Hawaiian barbecue recipes. Inside, find:

- An introduction to Hawaii and their barbecue cuisine
- Common words that you might or might not know that are used in Hawaii and Hawaiian cooking
- Tasty appetizer recipes like the Pineapple Rumaki or the Mango Chicken Skewers
- Savory chicken recipes like the Shoyu Chicken or the Mochiko Chicken on the Grill
- Delicious beef recipes like the Pacific Carne Asada or the Hawaiian Beef Teriyaki
- Great pork and spam recipes like the Grilled Spam Burgers with Cilantro Slaw or the Grilled Kalua Style Pork
- Refreshing fish and seafood recipes like the Perfect Grilled Moonfish or the Grilled Mahi Mahi Tacos
- Masterful vegetable and side recipes like the Hawaiian Baked Beans or the Caramelized onion Maui Rice
- Easy to prepare Island desserts like the Haupia or the Kulolo

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Book Information

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Customer Reviews

I'm reading this cook book right now and it's great. There's even a few Hawaii to "English" in the beginning. Hale = home or dwelling, Imu = underground Cooking pit used for preparing the luau feast. Just examples. There ARE links to get free books but they are NOT a scam. I do believe that the other reviewer simply stopped reading once he/she saw the links. This book is 115 pages long, not 8. The Pupu Chicken Appetizer sounds wonderful but a tad spicy. Shrimp Toast Appetizer sounds simple but yummy. Tuna Poke Bites Appetizer sounds devine! I love tuna! Hawaiian Beef Teriyaki, Scallop Ceviche, Grilled Ginger Ribeye, Lau Lau, Pineapple Spam Kabobs, Grilled Salmon Burgers, Hawaiian Baked Beans, Caramelized Maui Onion Rings, Haupia, Kulolo, Crunchy Maui Salad. Just to name a few of the recipes in this book.

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